

# FIRST TERM EXAMINATION SEPTEMBER - 2022

## 8 - STD

## PHYSICAL EDUCATION

Time : 1.30 Hrs

MARKS : 50

I. Answer any TEN questions

10 x 1 = 10

1. Viswanathan Anand belongs to ..... game.
2. .... run introduced in the history of 44th Chess Olympiad. (Jothi / 100m)
3. In ..... games, India bagged 61 medals(22 Gold, 16 Silver and 23 Bronze).  
(Common wealth / Olympics)
4. 'Morning study and Evening Games' refers to ..... poet. (Bharathiar / Kannadasan)
5. Olympic games and Asian games conducted once in .... years. (4/2)
6. The Length and Breath of Kho-Kho court is ..... x ..... mts. ( 29 x 16 / 28 x 16 )
7. IPL belongs to ..... game.
8. In Cricket, an over consists of ..... balls.
9. The Dimension of Taekwondo game is ..... mts. (12 / 10 / 14)
10. Total number of players in Volleyball game is .....
11. Approach run, Takeoff, Gliding in Air and Landing belongs to ..... Sports event  
(HighJump / Long Jump)



12. Fosbury Style belongs to ..... Field event. (Tripple Jump / High Jump)

**II. Answer any FIVE questions.**

**5 x 3 = 15**

13. Mention any 3 Asanas as per your syllabus.

14. Mention any 3 stages of speed events.

15. Mention any 3 styles of High Jump.

16. Mention any 3 basic skills of Ball Badminton.

17. Mention any 3 sayings (skill-words) of Kabaddi game.

18. Mention any 3 Light Apparatus excercises.

**III. Answer any THREE questions**

**3 x 5 = 15**

19. Mention any 5 basic skills of Kabaddi.

20. Mention any 5 Old games.

21. Write a short notes on Common Wealth Games - 2022.

22. Write briefly about Zonal Games.

**IV. Answer any ONE questions**

**1 x 10 = 10**

23. Sketch neatly Ball Badminton Court and mark its dimension.

24. Describe 44th Chess Olympiad in 10 lines.

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