

9PET

Tenkasi District
 Summative Assessment - December 2022

22.12.22**Standard 9**

Time: 1.30 hour

PHYSICAL EDUCATION

Marks: 40

I. Answer all questions:**10×1=10**

- 1) How many years once the olympic games are held?
- 2) Write any one type of Marching?
- 3) Write any one name of a dhand?
- 4) How many squares are there in a chessboard.
- 5) How many points must be scored to win a game in tennikoit?
- 6) Name any one rhythmic exercise?
- 7) What is the distance of marathan race?
- 8) Name any one standing Asana.
- 9) How many type of relay races are there?
- 10) Write a game that originated in india?

II. Answer any five questions:**5×2=10**

- 1) Write five important features of Physical Education.
- 2) What is First Aid?
- 3) What are the benifits of yoga?
- 4) Write basic skills in Tennikoit?
- 5) What are the uses of Marching?
- 6) What is Health education?
- 7) Write about circle dhand.

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III. Answer any two questions:**2×5=10**

- 1) Write about relay races?
- 2) Write about Turning in Marching
- 3) Discribe some good habits

IV. Answer any one question:**1×10=10**

- 1) Write about Tennikoit
- 2) Write a detailed answer about the game cricket.