

Ts-6PT**Summative Assessment - April 2023****20-04-2023****Standard 6****Tenkasi District**

Time: 1.00 hour

PHYSICAL EDUCATION

Marks: 30

I. Choose the correct answer.**5×1=5**

- 1) How many steps are there in "Mark - Time - March" per minute.
 - a) 60
 - b) 90
 - c) 120
- 2) Lazium
 - a) Marching
 - b) Light apparatus
 - c) Yoga
- 3) KHO - KHO
 - a) 7 players
 - b) 10 players
 - c) 9 players
- 4) The hunter and the birds
 - a) Minor game
 - b) Track and field
 - b) Major game
- 5) Shot put
 - a) Running event
 - b) Jumping event
 - c) Throwing event

II. Match the following:**5×1=5**

- | | |
|---------------------------|---------------------|
| 1) Sprint | - White |
| 2) Virat Kohli | - 100 m |
| 3) Lezium | - Football |
| 4) Colour or Olympic Flag | - Cricket |
| 5) Goal Kick | - Rhythmic Activity |

III. Write short answer.**5×2=10**

- 1) List down the benefits of doing exercise?
- 2) Explain - Pyramid
- 3) Explain any one Yogasana
- 4) Explain "Hand stand" in Gymnastics
- 5) Explain the event "Shotput"

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IV. Answer in deatail:**1×10=10****(OR)**

- 1) Write the rule of Kabaddi game?
- 2) Draw a volleyball court and write the measurement.