

Ts-9PT

Tenkasi District.

Annual Examination, April 2023

20-04-2023 Standard 9

Time: 1.30 hours PHYSICAL EDUCATION

Marks: 40

10×1=10

I. Answer in one word:

- 1) Who is the father of Yogasana?
- 2) Which award presented to best player?
- 3) How many chances are given for throwing event?
- 4) Write any one sitting asana?
- 5) How many pawns are there in a chess board?
- 6) Why is Halasana so named?
- 7) Where was Tennikoit originated?
- 8) What is the distance of Marathan race?
- 9) What is the length of the Triple jump run way?
- 10) Write any one of the new games.

II. Answer the following: (any five)

5×2=10

- 1) What are the fundamental skills of Tennikoit?
- 2) What are the stages involved of a 10 m run?
- 3) When will 'Let' be called in Tennikoit?
- 4) Explain - First Aid.
- 5) What is the distance for a standard Track?
- 6) Explain - No ball in Cricket?
- 7) What are the types of marching?

III. Answer the following: (any two)

2×5=10

- 1) Explain any one minor game.
- 2) Explain the method of doing pathahasthasana.
- 3) Explain - Boxing

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IV. Answer in detail:

2×5=10

- 1) Write the rules of the cricket game. (OR)
- 2) Draw the Tennikoit Court and Explain it.

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