

Summative Assessment - September 2023

6 - STD

PHYSICAL EDUCATION

--	--	--	--	--	--

Time: 1.30 Hrs

Marks: 30

I. Choose the correct answer:

5×1=5

- 1) The colour of the Olympic Flag is
 a) White b) Yellow c) Red
- 2) Foot ball team a) 9 players b) 11 players c) 7 players
- 3) Right Dress a) Game b) Marching c) Athletic
- 4) Best Sports person award
 a) Arjuna Award b) Dhronacharya Award
 c) Padmasree award
- 5) The origin of Kho-Kho game in India is
 a) Maharastra b) Tamilnadu c) Karnataka

II. Match the following:

5×1=5

- | | | |
|------------------|---|---------------|
| 1) Nondi Tag | - | Foot ball |
| 2) Corner Kick | - | 4 years |
| 3) Flag Salute | - | Tripple Jump |
| 4) Jumping Event | - | Minor Game |
| 5) Olympic Games | - | National Flag |

III. Fill in the blanks:

5×1=5

- 1) 'Lotus' pose belongs to Asana.
- 2) An over has balls in Cricket.
- 3) Any one throwing event is _____
- 4) Maximum chances are given in long Jump is _____
- 5) Santhosh cup associated with which game _____

IV. Write short answer:

5×2=10

- 1) Write briefly about Chess Board.
- 2) Write any three Running events.
- 3) How many squares are there in a chess board?
- 4) What are the benefits of doing Surya Namaskar?
- 5) Mention any 3 Indian Cricket players.

V. Explain any one of the following:

1×5=5

- 1) Mention any 5 Asanas as per your syllabus.
- 2) Sketch neatly Volleyball Court and mark its dimensions.

6 PHYSICAL EDUCATION