

THIRD TERM EXAMINATION – 2024**A****Class: 6****SUMMATIVE ASSESSMENT - PHYSICAL EDUCATION****Time :1 Hr.****Marks: 40****I. Choose the right answers.****5 x 1 = 5**

1. "ATTENTION" means
 - a) Stand-at-ease
 - b) Turning position
 - c) Slanting position
 - d) Be Straight
2. What is the proper time for practicing Breathing Exercise?
 - a) Early morning
 - b) After Meals
 - c) Mid Noon
 - d) Night
3. What is the colour of the Badminton Ball?
 - a) White
 - b) Yellow
 - c) Green
 - d) Red
4. Which part of our body organ is infected by Corona virus?
 - a) Small Intestine
 - b) Liver
 - c) Lungs
 - d) Large Intestine
5. How many Black Pawns are there in Chess?
 - a) 6
 - b) 9
 - c) 7
 - d) 8

II. Fill in the blanks.**5 x 1 = 5**

6. Forward Roll is related to _____ sports.
7. The total number of players in the Kabaddi game is _____.
8. Para Olympic Game is conducted for _____ Players.
9. Padmasana is _____ pose.
10. Pragnanandhaa is a _____ Player.

III. Write True or False.**5 x 1 = 5**

11. Silambam is a Traditional Game of Tamilnadu.
12. August 29th is celebrated as National Sports Day.
13. Yogasana can be practiced after meals.
14. Rings in the Olympic flag denotes the continents.
15. The Long jumpers can cross the take-off board.

IV. Match the Following.**5 x 1 = 5**

16. National Yoga Day - Hunter and Birds
17. Mahendra Singh Dhoni - Field event
18. Best Sports Player - 21st June
19. Long jump - 2011 Cricket World cup
20. Minor game - Arjuna Award

V. Answers any five questions briefly.**5 x 2 = 10**

21. Write the track events of under-14 category.
22. What do you mean by first aid?
23. What is the length and breadth of Ball Badminton court?
24. Write the names of the tests in "World Beaters Test".
25. List out any four new games conducted by department of School Education.
26. Write any four sitting asanas.
27. What is balanced diet?

VI. Answer any two questions.**2 x 5 = 10**

28. Draw the dimensions of Kabaddi court and mark the measurements.
29. Explain the personal hygiene and school cleanliness.
30. Explain the road safety rules.