

## ANNUAL EXAMINATION – 2024

A

Class: 8

## PHYSICAL EDUCATION

Time :1 Hr.

Marks: 40

**I. Choose the best answer from the option for each of the following questions.**

1x5=5

1. What is the length and breadth of the Ball Badminton court?
  - a) 24mx12m
  - b) 25mx16m
  - c) 29mx16m
  - d) 23mx12m
2. Who is called as the father of yogasana?
  - a) Veeramamunivar
  - b) Thirumular
  - c) Pathanjali
  - d) Thiruvalluvar
3. The Term “Castling”-related to which game?
  - a) Swimming
  - b) Chess
  - c) Beach Volleyball
  - d) Carrom
4. How many athletes for Relay event?
  - a) 5
  - b) 4
  - c) 3
  - d) 2
5. Total number of players in Throw ball
  - a) 12
  - b) 9
  - c) 14
  - d) 17

**II. Fill in the blanks.**

1x5=5

6. Normal body temperature of human is \_\_\_\_\_.
7. Khelo India youth games 2023-2024 organized by \_\_\_\_\_ state.
8. Distance of standard track is \_\_\_\_\_.
9. The national game of India is \_\_\_\_\_.
10. Number of stages in suryanamaskar is \_\_\_\_\_.

**III. Write True or false.**

1x5=5

11. Arjuna award is given for coaches.
12. Fosbury Flop is related to high jump.
13. Colour of the ball badminton ball is white.
14. P.V.Sindhu is related to Tennis.
15. Ancient Olympic games started in the year 776 B.C.

**IV. Match the following.**

1x5=5

- |                            |   |           |
|----------------------------|---|-----------|
| 16. Paris Olympic          | - | August 29 |
| 17. Modern Olympic         | - | 2022      |
| 18. National Sports Day    | - | 2024      |
| 19. Chess Olympiad         | - | 1896      |
| 20. International Yoga day | - | June 21   |

**V. Write Short Answers (any five).**

5x2=10

21. Write a short note on personal hygiene.
22. Write the benefits of yogasana.
23. Write any two basic skills of hockey game.
24. Short notes on –balance diet.
25. List down any two minor games.
26. Write down the importance of marching.
27. Short note on Olympic flag.

**VI. Answer the questions in detail.**

2x5=10

28. Draw the throw ball court with measurement (OR)  
Draw the ball badminton court with measurement.
29. Explain –first aid for “burn injuries”