

06-T3-PET-TIRUPATTUR**THIRD TERM SUMMATIVE EXAM - 2023****6 - Std PHYSICAL EDUCATION**

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Time : 1.00 Hrs

Marks : 30

I Answer in one or two words. 5 X 1 = 5

1. How many points are awarded for Lona in Kabaddi.
2. How many innings are there in Kho - Kho game?
3. How many steps are there in Suryanamaskar?
4. How many times a team can touch the ball during a rally in Volley ball?
5. What is the duration of the football match?

II Match. 5 X 1 = 5

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|--------------|---|-------------------------|
| 1. Chess | - | Patanjali |
| 2. Yoga | - | 9 Players |
| 3. Kho - Kho | - | Aedes mosquito |
| 4. Dengu | - | In the Pond on the bank |
| 5. Minorgame | - | Pragganandhaa |

III Answer in one or two lines. 5 X 2 = 10

1. What are the benefits of physical exercise?
2. What are the air borne diseases?
3. Write the names of any four Yogasanas.
4. What are the fundamental skills in Foot Ball?
5. Mention the types of service in Volley Ball.

IV Give any two answers briefly. 2 X 5 = 10

1. Write about road Traffic Rules.
2. Write about preventive measures of Dengu fever.
3. Draw the Volley ball court with dimensions.

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