

07-T3-PET-TIRUPATTUR**THIRD TERM SUMMATIVE EXAM - 2023****7 - Std PHYSICAL EDUCATION**

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Time : 1.00 Hrs

Marks : 30

I Answer in one or two words.

5 X 1 = 5

1. What is the width of a lane or track?
2. How many Pawns are there in chess?
3. Who is the father of Yoga.
4. How many main players are there in Foot ball?
5. How many points a team has to take to win a match in Tennikoit?

II Match the following.

5 X 1 = 5

- | | | |
|------------------|---|--------------------|
| 1. Chess | - | Zebra crossing |
| 2. Traffic Rules | - | Breathing Exercise |
| 3. Pranayama | - | Scurvy disease |
| 4. Vitamin C | - | Obrain Style |
| 5. Shotput | - | Checkmate |

III Answer in one or two words.

5 X 2 = 10

1. How many types of relay Races are there?
2. What is Balanced Diet?
3. What are the basic skills in Basket Ball?
4. Write any four sitting Asanas.
5. What is first aid?

IV Give any two answers briefly.

2 X 5 = 10

1. Write about safety measures to be taken in Playgrounds.
2. Write about Corona Preventive measures.
3. Draw Kabaddi Court with Dimensions.

7 - PHYSICAL EDUCATION