

Psychology
Class- XII
Sample Question Paper – 2016

Time – 3 Hours

Max Marks – 70

General instructions

- All questions are compulsory and answers should be brief and to the point.
- Marks for each question are indicated against it.
- Question No 1- 10 in part A are multiple choice questions carrying 1 mark each. You are expected to answer them as directed.
- Question No 11-16 in Part B are very short answer questions carrying 2 marks each. Answer to each question should not exceed 30 words.
- Question No. 17-20 in Part C are short answer type-I questions carrying 3 marks each. Answer to each question should not exceed 60 words.
- Question No. 21-26 in Part D are short answer type-II questions carrying 4 marks each. Answer to each question should not exceed 100 words.
- Question No. 27 and 28 in Part E are long answer type questions carrying 6 marks each. Answer to each question should not exceed 200 words.

Part – A

Q 1. Dr. Kumar, a famous heart surgeon, would be high on _____ intelligence.

- a) Interpersonal c) linguistic
b) Naturalistic d) Bodily – kinesthetic

Q 2. When Aryan was a small child, his parents adopted a little girl. Aryan promptly “Forgot” that he was toilet trained and began wetting the bed. As an adult, Aryan cannot remember that he did this, despite what his parents tell him. This is an example of

- a) Projection c) Rationalisation
b) Reaction formation d) Repression

Q 3. Sunita has recently decided to leave medical school and pursue a career as an artist. Her parents, however, are deeply disappointed with her decision. Sunita is experiencing _____ from her parents.

- a) Positive regard c) Conditional positive regard
b) Unconditional positive regard d) Negative regard

Q 4. Many students face high levels of anxiety while preparing for the Board examination which interferes with their preparation, concentration and performance. This could be due to

- a) Eustress
- b) Weakened immune system
- c) Pathogens
- d) Evaluative stress

Q 5. Leela just doesn't enjoy doing much of anything lately. She has lost interest in food and all activities. She seems agitated most of the time and is unable to think clearly. Most of the days she stays in bed. If these symptoms get prolonged, she may be diagnosed as having:

- a) Bipolar disorder
- b) Major depressive disorder
- c) Agoraphobia
- d) Schizophrenia

Q 6. Which of the following individuals would play the least directive role in the therapeutic process?

- a) A Beckian cognitive therapist
- b) A Rational emotive therapist
- c) A Client Centered therapist
- d) A Psychoanalyst

Q 7. Even though Ritu's mother has recently bought her a pair of shoes, Ritu is insisting on buying a new pair of a particular brand that all her classmates are wearing. Ritu's behavior illustrates _____

- a) Compliance
- b) Competition
- c) Obedience
- d) Conformity

Q 8. The behavior where an individual does something for the welfare of others without any self-interest is called _____

- a) Altruism
- b) Diffusion of responsibility
- c) Norm of reciprocity
- d) Empathy

Q 9. The ability to put up with a situation in which individuals would have to compete with others for even basic resources is called:

- a) Crowding tolerance
- b) Personal space
- c) Competition intolerance
- d) Competition tolerance

Q 10. Communicating with oneself is called _____

- a) Interpersonal communication

- b) Intrapersonal communication
- c) Public communication
- d) Encoding

Part – B

- Q 11. What does Eysenck consider to be the two most important dimensions of personality?
- Q 12. How do projective tests provide insight into personality?
- Q 13. Identify the unhelpful habits that make us vulnerable to stress.
- Q 14. Distinguish between positive and negative transference.
- Q 15. Explain the effect of noise on the cognitive abilities of human beings.
- Q 16. Why does the interviewer prepare a 'schedule' for the purpose of an interview?

Part – C

- Q 17. Reena is 5 years old, she cries when she is dropped to school. Explain the disorder and list its symptoms.
- Q 18. 'Hearing and listening are not the same'. Justify your answer.
- Q 19. Many societies are prejudiced on the basis of religion and colour. Suggest some strategies to handle such prejudices.
- Q 20. 'Culture of poverty is also a cause of poverty'. Explain.

Part – D

- Q 21. JP Das' model of intelligence is based on the information processing approach. Discuss.
- Q 22. What is the role of nature and nurture in the development of intelligence?
- Q 23. Anita regularly abstains from food for religious reasons. Which aspect of the self is she displaying? Suggest the psychological techniques that will help her abstain from food.
- Q 24. What is coping? Identify the different coping strategies to deal with stress?
- Q 25. 'Rishabh , a 21 year old college student, exhibits an intense fear of fireworks, gunshots, popping balloons etc'. Suggest the most appropriate therapy that could be used to help Rishabh overcome his fear.
- Q 26. 'Performance on specific tasks is influenced by the mere presence of others'. Support this statement with the help of research done in this field.

Part – E

Q 27. What are somatoform disorders? Elaborate on the different types?

OR

What do you understand by the term 'dissociation'? What are its various forms?

Q 28. Why do people join groups? Discuss.

OR

Differentiate between group think and group polarization. Why does group polarization occur?