

21/9/24

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FIRST TERM - SEPTEMBER - 2024
SUMMATIVE ASSESSMENT (SA)
PHYSICAL EDUCATION

Time : 1.30hrs (English Medium) Max.Marks : 30

I. Write the answer all questions. 10x1=10

1. What is the time duration for a Kho-Kho match? 7-2-7
2. How many players are there in Kho-kho? 9+3
3. What is the circumstances of International track? 400m.
4. How many lanes are there in standard track? 8
5. Mention-two water disease? Typhoid, Cholera.
6. How many players are there in kabadi? 7+5
7. How many players are there in Football? 11+7
8. What are the duration for a Football match? 45-5-45
9. Which year started new modern Olympics? 1896
10. Which year started Ancient Olympic? 1894

II. Answer the questions. 5x2=10

11. Mention: i) two track events. ii) two field events.
12. Write short notes on rider on catcher for Kabadi?
13. What is the colour of Olympic Flag and how many rings are there in flag?
14. Fundamental skills for Kho-Kho.
15. Write short notes for health education?

III. Write any one questions briefly. 1x10=10

16. Explain the safety measures for safety in the play games.
17. Draw a foot ball court and mention its measurements.
18. Benefit of Physical Exercise?

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