

**7** - Std

FIRST TERM - SEPTEMBER - 2024

SUMMATIVE ASSESSMENT (SA)

PHYSICAL EDUCATION

Time : 1.30 hrs (English Medium) Max.Marks : 30

I. Answer all the questions.

10x1=10

1. Who is the father of modern Olympics?
2. \_\_\_\_\_ was the 2022 international Chess Olympiad competition held?
3. Write any two Asanas?
4. How many Asanas consist of Surya namaskaram.
5. How many players are there in a Basketball team?
6. Write the name of light equipment exercise?
7. How many are there in international track?
8. What are the sprint events?
9. What is the duration of a Kabadi match for men?
10. Name the Tamil Nadu player who won the World Chess competition?

II. Answer the questions.

5x2=10

11. Write any two diseases of vitamin deficiency?
12. Write any two field events?
13. What is the width and length of Tennis court?
14. Write any two indoor games.
15. What are the factors contributed to health?

III. Write any one question briefly.

1x10=10

16. Draw a Kabadi court and mention its measurements?
17. What are the new games-Explain.
18. Define road safety rules?

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