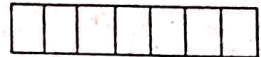


FIRST TERM - EXAMINATION SEP - 2024**8 - Std PHYSICAL EDUCATION**

Time : 1.30 Hrs.

MARKS : 30

I FILL IN THE BLANKS.

5 X 1 = 5

1. "Oberon" style belongs to ___ field event (**Shotput / Javelin**).
2. The circumference of a standard track is ___ (**800m/400m**).
3. The color of the Olympic flag is ___ (**White/Black**).
4. Viswanathan Anand belongs to ___ game (**Chess/Carrom**).
5. 'Lotus' pose belongs to ___ asana (**Padmasanam / Bhujangasanam**).

II MATCH.

5 X 1 = 5

- | | | | |
|---------------|---|-----------|----|
| 6. Over | - | Relay | 8 |
| 7. Vajrasanam | - | Chess | 9 |
| 8. Batton | - | 6 balls | 6 |
| 9. Castling | - | Attention | 7 |
| 10. Marching | - | Diamond | 10 |

III CHOOSE THE BEST ANSWER.

5 X 1 = 5

11. No Ball, LBW and Catch
1) Football 2) Cricket 3) Kabaddi.
12. 7th step in Surya namaskar
1) Padmasanam 2) Bhujangasana 3) Vajrasanam.
13. Fosbury style refers to
1) Long jump 2) High jump 3) Pole vault.
14. Total number of players in Volleyball is
1) 12 ⁶⁺ 2) 10 3) 14.
15. Hitting, Dribbling and Scooping refers to
1) Hockey 2) Cricket 3) Basketball.

IV ANSWER ANY TWO OF THE FOLLOWING:

2 X 2.5 = 5

16. Write any 3 basic skills of Basketball.
17. Write any three asanas of your choice as per your syllabus
18. Write any three skills test of world Record Battery Test.

V. ANSWER ANY ONE OF THE FOLLOWING:

10 X 1 = 10

19. Sketch neatly 'Basketball' court and mark its Dimensions.
20. Sketch neatly 'Tennikoit' court and mark its Dimensions.