

9 - Std

QUARTERLY EXAMINATION - 2024

--	--	--	--	--	--

PHYSICAL EDUCATION

Time : 1.30 hrs (English Medium) Max.Marks : 30

I. Answer all the questions.

10x1=10

1. Say short game.
2. How many players per team in Volley ball?
3. Write the name of an Asanas.
4. In which country did the game of cricket originate?
5. Write one water borne disease.
6. What is the circumstanceses of a boxing ring?
7. What is the colour of the Olympic flag.
8. How many players are on a team in a basket ball game?
9. Who is awarded Arjuna Award.
10. How many runways are there in a standard run way?

II. Answer any five questions.

5x1=5

11. What are the methods of baton change in relay race.
12. How is catch counted in a game of batting?
13. Write a triple jump note.
14. What is the length and width of a basketball court.
15. Write two basic skills of Volley ball.
16. Write two infections diseases.
17. Write two traffic rules.

III. Answer the questions.

2½x2=5

18. Boxing - Explain defensive skills.
19. Write a note on Javelin throwing.
20. What is first aid?

IV. For detailed answer to any one.

1x10=10

21. Up to the hoops pitch.
22. Write five asanas that you know and explain their benefits.

P.Edu/9/1