

# Third Term Examination - 2025

**Grade: 7**

**Physical Education**

**Time: 1.30 Hrs**

**Marks: 30**

**5x1=5**

## I. Fill in the blanks.

1. 64 squares are related to the game of ..... (Chess/Carrom).
2. The term "Carromen" is associated with ..... (Chess/Carrom).
3. Physical health is achieved through ..... (Yoga/Studying).
4. LBW is related to the game of ..... (Carrom/Cricket).
5. Long-distance running refers to ..... (5000 meters/500 meters).

## II. Match the following.

**5x1=5**

- |               |   |                   |    |
|---------------|---|-------------------|----|
| 6. Badminton  | - | Large orange ball | 8  |
| 7. Kabaddi    | - | Shuttlecock       | 9  |
| 8. Basketball | - | Raid              | 7  |
| 9. Volleyball | - | Kicking           | 10 |
| 10. Football  | - | Small yellow ball | 6  |

## III. Choose the correct answer and write it down.

**5x1=5**

11. Kabaddi is a ..... game:  
a) New b) Old c) Both a and b
12. Swimming is a ..... sport:  
a) New b) Old c) Both a and b
13. In chess, there is:  
a) King b) Queen c) Both a and b
14. .... related to relay races:  
a) Baton b) Kite c) Marbles
15. The game where players chase and touch:  
a) Kho Kho b) Kabaddi c) Cricket

## IV. Answer any two questions.

**2x2.5=5**

16. Write the names of three new games you like. *Kabaddi Kho Kho Cricket*
17. Write a short note on relay races.
18. What is hurdle running?

## V. Answer any one question.

**1x10=10**

19. Write ten sentences about a sports event conducted in your school.
20. Draw a diagram of a ball badminton court and indicate its dimensions.