

# Third Term Examination - 2025

## Physical Education

**Grade: 8**

**Time: 1.30 Hrs**

**Marks: 30**

**5x1=5**

### I. Fill in the blanks.

1. The yoga pose named after a lotus flower is ..... (Bhujangasana/Padmasana).
2. Hit wicket is related to the game of ..... (Cricket/Carrom).
3. Striker is associated with the game of ..... (Cricket/Carrom).
4. January 26th is celebrated as ..... Day. (Republic/Independence).
5. The Republic Day Games (U17) during the academic year 2024-25 were conducted in the ..... district. (Madurai/Trichy)

### II. Match the following.

**5x1=5**

- |                 |   |          |
|-----------------|---|----------|
| 6. Boxing       | - | 4 kg     |
| 7. Medley       | - | Kabaddi  |
| 8. Shot put     | - | Box      |
| 9. Baulk line   | - | Spinach  |
| 10. Vitamin "B" | - | Swimming |

### III. Choose the correct answer and write it down.

**5x1=5**

11. What makes students happy?  
a) Studying b) Playing c) Both a and b
12. 42.195 kilometers refers to:  
a) Sprinting b) Long-distance running c) Marathon
13. Fosbury Flop is associated with:  
a) High jump b) Long jump c) Triple jump
14. "On the Spot Jogging".  
a) Exercise b) Warm-up exercise c) Marching practice
15. "Dandaal" refers to:  
a) Exercise b) Indian-style physical training c) Warm-up exercise

SIVANANDHA K. M.A., B.Ed.  
GHS SANDHANAPALLI  
KELAMANGALAM BLOCK  
DENKANIKOTTA TK  
KRISHNAGIRI DT  
PH: 9003373506

### IV. Answer any two questions.

**2x2.5=5**

16. Write three basic skills of badminton.
17. Write three basic skills of Kho-Kho.
18. List three diseases that occur during summer.

### V. Answer any one question.

**1X10=10**

19. Write ten sentences about the sports event conducted in your school.
20. Draw a diagram of a ball badminton court and indicate its dimensions.