

Third Term Examination - 2025

Physical Education

Grade: 9

Time: 1.30 Hrs

Marks: 30

5x1=5

I. Fill in the blanks.

1. The Republic Day Games (U17) during the academic year 2024-25 were conducted in the district. (Madurai/Trichy)
2. Night watchman is related to the game of (Cricket/Carrom).
3. The "Snake Pose" refers to the yoga asana. (Bhujangasana/Padmasana)
4. In chess, there are a total of white knights. (4/2)
5. Sprinting refers to (800 meters/100 meters).

5x1=5

II. Match the following.

- | | | |
|----------------|---|--------------|
| 6. Agility | - | Table Tennis |
| 7. Lona | - | Vitamin C |
| 8. Ping Pong | - | Hockey ball |
| 9. Gooseberry | - | 6X10m Run |
| 10. Goalkeeper | - | 3 points |

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5x1=5

III. Choose the correct answer and write it down.

11. Salabhasana resembles the pose of a:
 - a) Snake b) Lotus flower c) Grasshopper
12. Lifestyle diseases are:
 - a) Stress b) Obesity c) Both a and b
13. "Love," "15," "30," and "40" are scoring terms in:
 - a) Table Tennis b) Lawn Tennis c) Carrom
14. Badminton is a game played with:
 - a) Shuttlecock b) Tennis ball c) Chess pieces
15. Foil, Sabre, and Épée are categories in:
 - a) Fencing b) Boxing c) Karate

IV. Answer any two questions.

2x2.5=5

16. Write the names of any three warm-up exercises.
17. Name any three international sports competitions.
18. List any three Pongal festival sports.

V. Answer any one question.

1x10=10

19. a) If Pandya scored 30, Rohit scored 40, Jadeja scored 50, and Extras contributed 10, what is the total team score?

b) In one over, a batsman hits 3 sixes, 3 fours, 2 no-balls, and 2 singles. What is the total number of runs scored by the batsman?

20. Write ten lines about Republic Day and Independence Day.

21. List ten yogasanas from your syllabus.