MCQ TEST SERIES

S12-BZ-C3-REPRODUCTIVE HEALTH

3.4: POPULATION EXPLOSION AND BIRTH CONTROL

- 1. The most effective way to control population growth in a country like India is:
 - A. Increasing food production
 - B. Encouraging urbanization
 - C. Implementing birth control strategies
 - D. Promoting joint families
- 2. According to the UN, India is expected to surpass China in population by around:
 - A. 2020
 - B. 2023
 - C. 2025
 - D. 2030
- 3. Which slogan was used in Tamil Nadu to promote small family norms?
 - A. "We three, ours three"
 - B. "Naam iruvar namakku iruvar"
 - C. "Beti bachao beti padhao"
 - D. "Swachh Bharat, Sundar Bharat"
- 4. Statutory minimum marriageable age in India is:
 - A. 18 years for both genders
 - B. 21 years for both genders
 - C. 18 years for females, 21 years for males
 - D. 21 years for females, 18 years for males
- 5. Which of the following is a natural method of contraception?
 - A. Coitus interruptus
 - B. Copper-T
 - C. Oral contraceptive pills
 - D. Diaphragms
- 6. In lactational amenorrhoea, which hormone prevents ovulation?
 - A. FSH
 - B. LH
 - C. Prolactin
 - D. Estrogen
- 7. The method where the male partner withdraws the penis before ejaculation is called:
 - A. Rhythm method
 - B. Coitus interruptus
 - C. Barrier method
 - D. Tubectomy

- 8. Which of the following IUDs releases copper to reduce sperm motility?
 - A. LNG-20
 - B. Saheli
 - C. Multiload-375
 - D. Cervical cap
- 9. Oral contraceptives prevent ovulation by inhibiting:
 - A. Prolactin and oxytocin
 - B. GnRH and prolactin
 - C. FSH and LH
 - D. Estrogen and testosterone
- 10. The non-steroidal contraceptive pill developed by CDRI, Lucknow is:
 - A. Mala-D
 - B. Centchroman (Saheli)
 - C. LNG-20
 - D. Novatest
- 11. Which type of IUD increases cervical mucus viscosity?
 - A. Non-medicated IUD
 - B. Copper releasing IUD
 - C. Hormone releasing IUD
 - D. Diaphragms
- 12. Surgical method of birth control in females is called:
 - A. Vasectomy
 - B. Coitus interruptus
 - C. Tubectomy
 - D. Hysterectomy
- 13. Which contraceptive method prevents ovum and sperm from meeting by mechanical means?
 - A. Rhythm method
 - B. Oral pills
 - C. Diaphragm
 - D. Saheli
- 14. One of the benefits of using condoms is:
 - A. Enhancing sperm motility
 - B. Increasing estrogen levels
 - C. Preventing STDs like AIDS
 - D. Promoting ovulation
- 15. The most reliable permanent method of contraception for males is:
 - A. Vasectomy
 - B. Oral pills
 - C. Coitus interruptus
 - D. Barrier method

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ANSWER KEY

- 1. C
- 2. B
- 4. C
- 5. A
- 6. C
- 7. B
- 8. C
- 10. B
- 11. C
- 12. C
- 14. C
- 15. A

- 3. B

- 9. C

- 13. C